

# Stuffing Dog Chew Toys

Stuffing a chew toy is easy and there are tremendous benefits to using a stuffed chew toy in your pet's routine. A stuffed chew toy will keep your dog busy chewing instead of doing other unwanted behaviors. Feeding your dog at least one meal a day out of a chew toy can slow down your dog's eating, Dogs do not like to be bored, and providing a chew toy regularly will provide important mental stimulation and add enrichment to your dog's day.

## Fix – Fill – Freeze – Feed

**Step 1) Fix** the food mix. Take some of your dog's food and mix it with hot water. Allow the dry food to soak up the water for at least twenty minutes or until the food is soggy.

**Step 2) Fill** the inside of clean chew toys with the slurry food mixture. Add some dry kibble or treats in the mix to add texture and flavor. Seal the top of the hole with a larger treat, a dollop of dog-safe peanut butter, or a bit of pate dog food.

**Step 3) Freeze** the stuffed chew in a bag for at least 4-6 hours.

**Step 4) Feed** your dog once it is frozen solid.

## Other Mix-Ins & Fillers

- Apple Slices
- Banana Slices
- Carrot Chunks
- Cooked Chicken
- Cucumber Slices
- Bone Broth or Water
- Broccoli
- Freeze Dried Treats
- Hot Dogs
- Dog Kibble
- Pate Dog Food
- Spray Cheese
- Peanut Butter

